

This week at the First Peak

August 5 - 11, 2020 (Wed-Tue)

Here is a quick look at what's happening in the area over the next week. You'll find additional info & attractions at www.firstpeaknc.com

20 E. Mills St., Columbus, NC 28722

Message us on Facebook or give us a call during the day at 828-894-2324.

Welcome! We're glad you're here. Things are reopening & we wanted to keep you posted on how to visit our attractions. Get out, relax, enjoy and stay safe! Please be prepared to follow each site's safety precautions.

Upcoming Events

★ **NC Foothills Virtual Farm Tour • Throughout the First Peak** • Free virtual tours highlighting local farmers while connecting and educating consumers on where their food comes from. Follow each week to virtually explore new farms and learn their produce journey. www.ncfoothillsfarmtour.com

Exhibit at Upstairs Artspace • Tryon • Tue-Sat 12-5pm. Final week for Art in the Age of Pandemic by Jane Allen. Contactless art gallery. 49 S. Trade Street, Tryon, NC. 828-859-2828. www.upstairsartspace.org

Food Trucks and U-Pick Blueberry Patch at Overmountain Vineyards • Green Creek •

- End of Season blueberry picking. No reservations required: Wed-Thu 12-6pm. Buckets provided, \$6 per lb.
- Tasting room open by reservation only for groups of 8 or smaller. Tastings include access to food trucks: Sat, 8/8, Baber Rhyne 12-7pm. 2012 Sandy Plains Rd, Tryon, NC. 828-863-0523. www.overmountainvineyards.com

Live Music at Mountain Brook Vineyards • Green Creek • Free live music in outdoor tasting room: Fri, 8/7, Tony Coccagna 5pm with Root Down food truck; Sat, 8/8, Tim McWilliams 12:30 and Sarah Tucker 4pm; Sun, 8/9, Tony Coccagna 3pm with Cousins Maine Lobster food truck. 731 Phillips Dairy Rd, Tryon, NC. 828-817-4376. www.mountainbrookvineyards.com

Live Music at Green River Eddy's Taproom • Saluda • Free live music on deck: Fri, 8/7, Open Mic Night 6pm; Sat, 8/8, 28 Pages 5:30pm. Grab a beer & a bite. 435 Main St, Saluda, NC. 828-848-4060. www.saludaoutfitters.com

Goat Cheese Tasting at Country Roads Gift Shop • Saluda • Sat, 8/8, 12-3pm. Free tasting of products from Ann's Cheese & Suds. 24 W. Main St, Saluda, NC. 828-749-3687.

Movie in the Vines at Mountain Brook Vineyards • Green Creek • Fri, 8/7, and Sat, 8/8, movie starts at 8pm. Call for movie title. Bring lawn chairs/blankets, purchase wine & food truck on-site. 731 Philips Dairy Rd, Tryon, NC. 828-817-4376. www.mountainbrookvineyards.com

Live Music at Green River Brew Pub • Saluda • Free live music: Sat, 8/8, Scott Moss & Derek McCoy 8pm. Large selection of local craft beers, ciders and wines. 26 Church St, Saluda, NC. 828-769-9033

Columbus Farmers' Market • Columbus • Every Sat, 8am-12pm. Local farmers vend their homegrown goods with a drive-thru system. Polk County High School, 1681 NC Hwy 108. www.polkcountyfarms.org

First Peak Restaurant Guide • Watch for the latest hours and info. www.firstpeaknc.com


-over-


Events, info and hours may change • Verify details directly with venue.


Let the First Peak Visitor Center help with your plans!


www.firstpeaknc.com • 828-894-2324

Attraction Updates


Looking Glass Creamery • *Green Creek* • Farm store open, every Fri-Sat 11am-5pm. Enjoy the views and try hand crafted cheese, fresh ice cream, mixed charcutier boards and more. 115 Harmon Dairy Lane, Columbus, NC. 828-222-0751. www.lookingglasscheese.com 


Wilderness Cove Tubing • *Saluda* • Contact for tubing schedule and reservations. Dixie Belle's food truck Sat & Sun 11am-5pm. Cabins and campsite rentals are open. 3772 Green River Cove Rd, Saluda, NC. 828-749-9100. www.nctubing.com 

Polk County History Museum • *Columbus* • Thu 10am-1pm and Sat 10am-4pm. Free admission with limit of 10 visitors at a time. 828-894-3351. 60 Walker St, Columbus, NC. www.polkcnhistory.org 


Saluda Historic Depot • *Saluda* • Mon, Thu-Sat 11am-5pm and Sun 1-4pm. Free museum preserving the rich history & heritage of the Saluda Grade. 32 W. Main St, Saluda, NC. 828-769-9016. www.SaludaHistoricDepot.com 

Tryon Painters & Sculptors • *Tryon* • Tue-Sat 11am-5pm. Contactless art gallery. 78 N. Trade St, Tryon, NC. 828-859-0141. www.tryonpaintersandsculptors.com 

Green River Adventures • *Saluda* • Private trips available. Reservations only for whitewater adventures, guided hikes, rappelling and more. 111 E. Main St, Saluda, NC. 828-749-2800. www.greenriveradventures.com 

The Gorge Zipline • *Saluda* • Private trips available. Reservations only for all zipline canopy tours. 166 Honey Bee Dr, Saluda, NC. 828-749-2500 www.thegorgezipline.com 

Tryon International Equestrian Center • *Mill Spring* • Competitions are for competitors only. Enjoy live streaming of equestrian events, link on website. Some restaurants are open for take-out only. 25 International Blvd, Tryon, NC. 828-863-1000. <http://www.tryon.com/thisweek> 

Historic Tryon Movie Theatre • *Tryon* • Remains closed. Purchase fresh theatre popcorn, candy & gift cards for curbside pickup every Fri & Sat 6-7pm. 45 S. Trade St, Tryon, NC. 828-859-6811. www.tryontheatre.com 

Events and hours may change • Verify details directly with venue.

Find more events on our web site or give us a call • www.firstpeaknc.com • 828-894-2324

Pearson's Falls was voted "2020 Best Place to Take a Hike" by readers of the Tryon Daily Bulletin!

